Medical & Health Committee

Report on

Community Hands – Only Cardiopulmonary Resuscitation (CPR)

In association with Gandhi Medical College Alumni Association

2023-24

10th February, 2024

The Medical and Health Committee of Bhavan's Vivekananda College of Science, Humanities and Commerce has organized an awareness and training program on Community Hands – Only CPR (Cardiopulmonary Resuscitation) "Lifesaver" in association with Gandhi Medical College – Alumni Education Center (GMC-AED) information for the General public. This training program was offered by Gandhi Medical College Alumni Association on 10th February, 2024.

An orientation CPR was given by Dr. Rajashekhar, Director of Community CPR, Secretary, GMCGA. He stressed on the importance of CPR as it is a life-saving procedure to immediately revive the heart beat in case of a sudden cardiac arrest. Each student was trained on CPR by demonstration and also making the students to practice the CPR procedure on dummy models that was used for manual training. They also demonstrated the working of Automated External Defibrillator (AED), a portable computerized instrument.

Total of 139 students of NSS, NCC, UBA and BSG attended the training program. This training program was to promote the Bystander to help in "Saving lives" during out-of-Hospital sudden cardiac arrest. Students had a good learning experience.



Figure 1 Orientation on CPR training, Gandhi Medical College, 10/2/2024



Figure 2 Training on CPR given to the BVC Students on dummy model, 10/2/2024



Figure 3 CPR training at Gandhi Medical College, 10/2/2024



Figure 4 Group photo of students with CPR training program certificate-10/2/2024